

Tyre Changing - Light Truck	and 4WD SAFE WORK M	ETHOD STATEMENT (SWMS)
TASK OR AC	CTIVITY: Tyre Changing - Light Tr	uck and 4WD	
Business Name: [Company Name]		ABN: [ABN]	SWMS#
Business Address: [Company Address]			
Contact Person:	Phone: [Phone]	E fil:	
THIS SAFE WORK METHOD	STATEMENT IS APPROVED BY	THE PL OF THE PROJECT	
Under the Work Health and Safety Regulation (WHS Regulation), a person conduct the proposed work starts.	cting a business or undertaking (I 3U) is	required to ture at a safe work method s	tatement (SWMS) is prepared before
Full Name:			
Signature:		Title:	Date:
Details of the person(s) responsible for ensuring implementation, monitoring	compliance of the SWMS well as review	s and modifications of the SWMS.	
Full Name:		Title:	Phone:
ALL PERSONNEL PARTICIPATING IN ANY ACTIVITY ON THIS WMS. ST HAVE THE FOLLOWING COMMUNICATED	N. 1E AND DATED SIGNATURE OF A CO. MUNICATED TO IN THE DEVELO	LL RELEVANT PERSONNEL WHO HAVE B PMENT AND APPROVAL OF THIS SWMS	EEN CONSULTED AND
Safety meetings or toolbox talks will be sched ed in accordance with agislative requirements to first identify any site hazards, conditions unical those hazards and then to further take steps to either the conditions of the cond	NAME	SIGNATURE	DATE
If an incident or a near miss occurs, all work must standardly. Depending on the severity of the incident, a meeting will be called with all workers to amend the SWMS if required. The meeting may also be an educational opportunity.			
Any changes made to the SWMS after an incident or a near miss must be approved by the Person Conducting Business or Undertaking and communicated to all relevant personnel.			
The SWMS must be kept and be available for inspection at least until the work is completed. Where a SWMS is revised, all versions should be kept. If a notifiable incident occurs in relation to which the SWMS relates, then the SWMS must be kept for at least two years from the occurrence of the notifiable incident.			



CLIENT OR PRINCIPAL CONTRACTOR DETAILS										
Client:						SCOPE OF WORKS				
Project Name:				Provide a detailed description	n of the specific work being	carried out (otherwise				
Project Address:					known as cope of works).					
Project Manager:										
Contact Phone:										
Project Manager Sig	gnature:									
Date SWMS supplie	ed to Project Manager:									
		ANY HIGH	RISK CON PUCT	N' JRK BEING	CARRIED OUT					
☐ involves a risk of a p	erson falling more than 2 n	neters.		is carried out on or near pressurised gas mains or piping.						
is carried out on a te	lecommunication tower.		M + M	is carried out on	is carried out on or near chemical, fuel or refrigerant lines.					
☐ involves demolition of	of an element of a structure	that is load-be		is carried out on	is carried out on or near energised electrical installations or services.					
☐ involves demolition of	of an element related to the	e physical integril of a str	3	☐ is carried out in an area that may have a contaminated or flammable atmosphere.						
☐ involves, or is likely t	o involve, disturbing a es	stos.		☐ involves tilt-up or precast concrete.						
☐ involves structural al	teration or repair that re	mporal, upp to p	prevent collapse.	is carried out on, in or adjacent to a road, railway, shipping lane or other traffic corridor.						
is carried out in or ne	ear a confined space.			is carried out in an area of a workplace where there is any movement of powered mobile plant.						
☐ is carried out in/near	a shaft or trench deeper th	nan 1.5m or tunnel involvir	ng use of explosives.	☐ is carried out in areas with artificial extremes of temperature.						
is carried out in or ne	ear water or other liquid tha	at involves a risk of drowning	ng.	involves diving v	vork.					
		ANY H	IGH-RISK MACHINER	RY OR EQUIPMEN	NT NEARBY					
☐ Forklift	☐ Crane/s	☐ Hoist/s	☐ Excavator	☐ Backhoe/Loader	Boom Lift	□ EWP	☐ Genie Lift			
☐ Trencher	☐ Drilling Rig	Trucks	Formwork	☐ Bobcat	☐ Flammable Gas	☐ Fuel	☐ Dozer			
☐ High Voltage	☐ Mulcher	☐ Tilt-up Panels	Roller	☐ Scissor Lift	☐ Tractor	☐ Other -				





FOOT HAND **HEAD HEARING** SPIRATORY FACE HIGH-VIS **PROTECTIVE** FALL SUN HAIR/JEWELLERY CLOTHING **PROTECTION PROTECTION** PROTECTION **PROTECTION** PROTE DTECTION **PROTECTION** CLOTHING **PROTECTION PROTECTION SECURED**

Select me appropriate PPE above suitable for the equipment used or the job task being performed (if applicable).

Note: A SWMS must be reviewed regularly to make sure it remains effective. A SWMS must be reviewed (and revised if necessary) if relevant control measures are revised. The review process should be carried out in consultation with workers (including contractors and subcontractors) who may be affected by the operation of the SWMS and their health and safety representatives who represented that work group at the workplace.

When a SWMS has been revised, the person conducting a business or undertaking must ensure all:

- 1. persons involved in the work are advised that a revision has been made and how they can access the revised SWMS;
- 2. persons who will need to change a work procedure or system as a result of the review are advised of the changes in a way that will enable them to implement their duties consistently with the revised SWMS: and.
- 3. workers that will be involved in the work are provided with the relevant information and instruction that will assist them to understand and implement the revised SWMS.



JOB STEP	POTENTIAL HAZARDS	IR	CONTROL MEASURES	RR	RESPONSIBLE PERSON
SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUAL RISK	NAME OF PERSON
1. Preparation	Vehicle instability, Inadequate lighting conditions	2M	 Ensure the vehicle is parked on a flat, stable surface to prevent instability during the tyre changing process. Apply the handbrake, and engage the transmitted in "park" or "neutral" gear depending on whether the vehicle is an autilitation or manual, to further secure the vehicle from movement during tyre changing. Utilise wheel chocks or blocks in front of and the wheels that are not being changed, as an additional preventive measure as instrainty on the wheels that are not being changed, as an additional preventive measure as instrainty or the downwent. Prior to beginning the tyre chasing process, contrainty of the downwent. Prior to beginning the tyre chasing process, contrainty of the downwent. Prior to beginning the tyre chasing process, contrainty of the downwent. Prior to beginning the tyre chasing process, contrainty of the downwent. Prior to beginning the tyre chasing process, contrainty of the downwent. Prior to beginning the tyre chasing process, contrainty of the downwent. Prior to beginning the tyre chasing process, contrainty of the downwent. If working a doors, schele tyre of the great and gaylight hours when visibility is adequate. If the short of the place are is well-lit using portable flood on the vehicle of work light and the specific work area is well-lit using portable flood on the or working and tillise reflective cones or warning signs to aller there is the ongoing work, particularly in busy areas or where other vehicles hay upassit by. Arify the capacity and function of the jack and lifting equipment before common of githe tyre changing operation to ensure they are suitable for both the ehicles have manufacturer's guidance detailed within the owner's manual regarding prover jack placement and tyre changing procedures to ensure proper technique is used, reducing the chance of vehicle instability. Keep bystanders and unnecessary personnel at a safe distance from the working	1L	
2. Wheel Inspection	Cracked or damaged wheel rims, Sharp edges	3H	- Ensure that all personnel have undergone proper safety training and are well-versed with the SWMS relevant to tyre changing and handling procedures for light truck and 4WD vehicles.	2M	



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			 Regularly inspect all tools and equipment, such as jacks, lift stands, and torque wrenches, for any signs of damage or defect prior to commencing any wheel-related tasks. Always use the appropriate Personal Protection quipment (PPE) to safeguard against potential injuries, including protection groves, steel toed boots, safety glasses, and any other necessary items. Clear the working area of any obstacles and conat could pose a risk during the inspection process, ensuring there is ample and contain a reafly when handling wheels. Develop and follows temate approach to inspect of and identifying damaged wheel rims, such a using qual antactile methods to check for signs of wear, corrosion, and where structure I concess. Use a certification of corrowing calibrate consumers gauge to check tyre inflation in line with a suffacture of acations, avoiding under-inflated or over-inflated tyres which can confirm mise to all stability and overall safety. Prope as our and support the vehicle during inspection by using suitable lifting devices those and such, thereby minimising risks associated with falls or adden in overal. Imported a reporting system whereby staff members are required to promptly of the such as a reporting system whereby staff members are required to promptly of the such as a reporting system whereby staff members are required to promptly of the such as a reporting system whereby staff members are required to promptly of the such as a reporting system whereby staff members are required to promptly of the such as a reporting system whereby staff members are required to promptly of the such as a reporting system whereby staff members are required to promptly of the such as a reporting system whereby staff members are required to promptly of the such as a reporting system whereby staff members are required to promptly of the such as a reporting system whereby staff members are required to promptly of the such as a reporting the such as a reporting t		
3. Loosen Nuts	Injury from wrench slippage, Strain from excessive force	2M	 Ensure workers have received adequate training in proper tyre changing techniques to minimise the risk of wrench slippage or excessive force. Inspect the wheel nuts for signs of corrosion, damage, or wear before attempting to loosen them. If any issues are identified, consult with a supervisor before proceeding. Provide workers with appropriate personal protective equipment (PPE), such as gloves and safety footwear to protect against potential injuries from wrench slippage. Ensure that all tools, including wrenches, are in good working condition and free from defects or wear that could contribute to slippage. Encourage the use of breaker bars or torque wrenches with long handles, which can provide better leverage and reduce the need for excessive force. 	1L	



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			 Instruct workers to use their body weight to apply controlled pressure when loosening wheel nuts, rather than relying solely on arm strength. 		
			- Promote proper lifting and handling techniques to auce the risk of strain injuries associated with heavy objects such as tyres are neels.		
			- Develop a buddy system where team men ars watch of for one another, offering support and assistance when needed to precede textor and exercise very force or other hazards.		
			- Establish clear communication protocols to be owed in the otent of an emergency, such as requiring immediate assistant should receive become injured while changing a tyre.		
			- Schedule regular and roughns among workers to prevent fatigue, which can contribute poor judgment an technique sen loosening nuts.		
			- Foster a post the safety of ture by entire uning open communication and reporting of potential hazers or characteristics.		
			- Imply it ongon training programs and workshops to reinforce safe tyre change it projections unsuring all workers remain aware of potential hazards and best projectice.		
			Segular review and update standard operating procedures (SOPs) and Safe We Met od Statements (SWMS), incorporating feedback and lessons learned from previous dents to improve overall workplace health and safety.		
	5				
4. Vehicle Lifting	Vehicle falling, Incorrect jacking point	4A		2M	



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5. Wheel Removal	Sprains and strains, Falling heavy object (wheel)	2M		1L	



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6. Deflating Tyre	Blowout hazard, Rapid deflation injuries	3Н		1L	



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7. Bead Breaking	Injuries from bead breaking tools, Flying debris	3H		2M	



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3. Tyre Removal	Manual handling injuries, Unexpected vehicle movement	2M		1L	



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SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RESIDUAL RISK	NAME OF PERSON
9. New Tyre Mounting	Incorrect tyre placement, Trapped fingers	2M		1L	



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JOB STEP SPECIFIC WORK STEPS	HAZARDS THAT MAY ARISE	IR INITIAL RISK	SPECIFIC MEASURES TO BE PUT IN PLACE TO ELIMINATE OR CONTROL THE RISKS	RR RESIDUAL RISK	RESPONSIBLE PERSON NAME OF PERSON
10. Inflating Tyre	Tyre explosion, Over-inflation injuries	ЗН		2M	



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11. Wheel Installation	Cross-threaded studs, Uneven tightening	2M		1L	



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12. Vehicle Lowering & Final Check	Incorrect lowering technique, Wrong torque setting	2M		1L	



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EMERGENCY RESPONSE - CALL 000 FOR EMERGENCIES

Ensure to have an Emergency Management Plan in place as well as adequate numbers of trained first aid staff with easy access to fully stocked first aid kits, rescue equipment, material safety data sheets, adequate access to emergency communication equipment and fire-fighting equipment suitable for all classes of fire and ignition sources.

LEGISLATIVE REFERENCES

RELEVANT LEGISLATION AND CODES OF PRACTICE. DELETE THE LEGISLATIVE REFERENCES. ANY STATE OF AT ARE NOT APPLICABLE.

Queensland & Australian Capital Territory

Work Health and Safety Act 2011

Work Health and Safety Regulations 2011

Legislation QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/work-health-and-safety-laws Codes of Practice QLD: https://www.worksafe.qld.gov.au/laws-and-compliance/codes-of-practice

Legislation ACT: https://www.worksafe.act.gov.au/laws-and-compliance/acts-and-regulations

Codes of Practice ACT: https://www.worksafe.act.gov.au/laws-and-compliance/codes-of-practice

New South Wales

Work Health and Safety Act 2011

Work Health and Safety Regulations 2017

Legislation NSW: https://www.safework.nsw.gov.au/legal-obligations/legislative

Codes of Practice NSW: https://www.safework.nsw.gov.au/resource-library/lis > odes-or racti

Northern Territory

Work Health and Safety (National Uniform Legislation) Act 2011

Work Health and Safety (National Uniform Legislation) Regulation 2011

Legislation NT: https://worksafe.nt.gov.au/laws-and-compliance/wo_place-syllaws

Codes of Practice NT: https://worksafe.nt.gov.au/f

South Australia

Work Health and Safety Act 2012 (SA)

Work Health and Safety Regulations 2012 (SA)

Legislation for SA: https://www.safework.sa.gov.au/resources/le_lation

Codes of Practice for SA: https://www.safework.sa.gov.au/wor aces/codes-of-practice#COPs

Tasmania

Work Health and Safety Act 2012

Work Health and Safety (Transitional and Consequential Provisions) Act 2012

Work Health and Safety Regulations 2012

Work Health and Safety (Transitional) Regulations 2012

Legislation for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/acts-and-regulations

Codes of Practice for TAS: https://worksafe.tas.gov.au/topics/laws-and-compliance/codes-of-practice

Details of permits, licenses or access required by regulatory bodies (add or delete as required):

- Permits from local council
- Authorisation to commence work
- Any required documents.

Victoria

Occupational Health at Safety Act 34

Occ. ational Health and afety gulations 2017

Legis on VIC: https://www.csafe.vic.gov.au/occupational-health-and-safety-act-and-

<u>qulat.</u>

des on actice VI autros://www.worksafe.vic.gov.au/compliance-codes-and-codes-practice

Western Australia

Work Health and Safety Act 2020

Work Health and Safety Regulations 2022

Legislation Western Australia: https://www.commerce.wa.gov.au/worksafe/legislation

Codes of Practice WA: https://www.commerce.wa.gov.au/worksafe/codes-practice

Safe Work Australia Links

Law and Regulation (All States): https://www.safeworkaustralia.gov.au/law-and-regulation Model Codes of Practice: https://www.safeworkaustralia.gov.au/resources-publications/model-codes-of-practice

Model Codes of Practice

- Managing noise and preventing hearing loss at work
- Confined spaces
- Labelling of workplace hazardous chemicals
- Managing risks of hazardous chemicals in the workplace
- Welding processes
- First aid in the workplace
- Managing the risk of falls at workplaces
- Hazardous manual tasks
- Managing the risk of falls in housing construction
- Managing electrical risks in the workplace
- Demolition work
- Excavation work
- Work health and safety consultation, cooperation and coordination
- Managing the work environment and facilities
- How to manage work health and safety risks
- Managing risks of plant in the workplace
- Construction work



SIGNATORIES OF THE SAFE WORK METHOD STATEMENT

The signed and dated personnel listed below have cooperated in the consultation and development of this Safe Work Method Statement which has been approved by the Person/s Conducting a Business or Undertaking (PCBU). In signing this Safe Work Method Statement each individual acknowledges and confirms that they have read this SWMS in full, having raised any questions for items on this Safe Work Method Statement that require clarification, and confirms that they are competent, skilled and knowledgeable for the task assigned to them. Every person acknowledges that they have received the relevant training and qualifications where required, before carrying out any work contained in this Safe Work Method Statement. By signing this Safe Work Method Statement each individual agrees to work safely, to follow any safe work instructions which are provided, and agrees to use all Personal Protective Equipment where appropriate.

	Tollow ally sale work instructions which are provided, and agrees to use all resonal riotective Equipment where appropriate.								
Worker Name	Pos	sition	Signature	Date	Time	Sup	pervisor		
				Date:					
				_					
				Date					
				l te:					
			AV	Date:					
				Date:					
				Date:					
				Date:					
	SAF WC A STHED STATEMENT MONITORING AND REVIEW								
The SWMS must be reviewed regularly to rake sure it remains effective and must be reviewed (and revised if necessary) if relevant control measure are subcontracted by process should be carried out in consultation with workers (including contractors are subcontracted) who may be affected by the operation of the SWMS and their health and safety representatives who reduces esented that work group at the workplace. When the SWMS has been revised the PCBU must ensure that all persons involved with the work are advised that a revision has been made and how they can access the revised SWMS, including all persons who will need to change a work procedure or system as a result of the review are advised of the changes in a way that will enable them to implement their duties consistently with the revised SWMS. All workers that will be involved in the work must be provided with the relevant information and instruction that will assist			The SWMS must be monitored regularly for the effectiveness of ensuring hazard controls are effective in reducing the risk of incidents, keeping the workplace safe for all personnel. The person responsible for monitoring the effectiveness of the Safe Work Method Statement should employ a multi-faceted approach which includes but is not limited to: 1. Spot Checks. 2. Consultation with workers, contractors and sub-contractors. 3. Internal audits on a continual basis. An approach of continuous improvement, promptly recording inconsistencies or deficiencies, followed up by immediate corrective action and consultation with all relevant personnel ensures						
them to understand and imp					tently developing ever-imp	3 ,	· '		
REVIEW NUMBER	1	□ 2	□ 3	□ 4	□ 5	□ 6	□ 7		
NAME									
INITIALS									
DATE									



SAFE WORK METHOD STATEMENT REVIEW CHECKLIST

This Safe Work Method Statement Review Checklist is to be followed and used upon initial development of the SWMS to help ensure that all steps have been adequately taken before work commences. Think of this document as an internal audit review checklist before commencing work, and may form part of a Toolbox Talk (safety meeting) and may be used as an opportunity for education and training.

ITEMS WHICH MUST BE INCLUDED IN THE SWMS	COMPLETED	TO BE DONE	COMMENTS
The company details have been entered, including the project name and address.			
Names and signatures of all relevant personnel consulted during the development of the SWMS.		P	
Name, signature, position and date signed of the person approving the SWMS.			
Specific personnel and qualifications, experience is noted in the SWMS.	P		
Provides a step-by-step process of tasks required to carry out the activity or task.			
Adequate risk assessment of any identified hazards has been completed.			
Foreseeable hazards are identified and documented for each step.			
Any hazards listed in any site risk assessments have been added to the SWI			
SWMS initial risk (IR) column as well as residual risk (RR) columns completed.			
Check control measures added to the SWMS are the most effecting sections.			
Responsible person is assigned and listed on the SWMS for the imperent of contameasures.			
Permit requirements specified, such as Hot Work, Electrical Work, Vocat Heights etc.			
SWMS identifies plant and equipment to be u d.			
Details of inspection checks required for any equipment listed at noted on the SWMS.			
Describes any mandatory qualifications, experience raining skills required to perform the work.			
Applicable personal protective equipment is selected on the SWMS.			
Lists any required permits or licenses.			
Reflects and documents any legislative references and/or Australian Standards.			
Identifies any hazardous substances used with specific control measures in line with any SDS.			
REVIEWED BY	DATE R	EVIEWED	
SIGNATURE	DATE CO	MPLETED	